



Kornicky & Crosbie with The K-Rock Morning Krew weekday mornings on K-Rock 105.7

Three years ago, when I was pregnant, I had a mother send me an e-mail reminding me that being a parent is about spending the time. She told me kids don't care if you prepare a four-star dinner for them. They'd be happier with delivery pizza and mommy time on the couch.

I've had to remind myself of this many times during the last two and a half years when I haven't been perfect as a mom. My oatmeal cookies congealed to the pan. I conked out on the couch while watching TV with my son, leaving him to play diggers on his own. I also had major mommy guilt on the long weekend because I had a two-day bout with a stomach bug that ate up the weekend. But we still had Monday to salvage it.

We decided to take a mini day trip. It had to be something that would keep my son entertained but also something we could persuade the teenage step-kids to do as well.

Best deal in Kingston? Ferry trip to Wolfe Island.

(Newsman Tony Orr and I had a good chuckle recently when Darryl Kornicky, who is fairly new to this area, said he'd been checking out the Glendora Ferry. "Dora The Explorer?" Tony Orr laughed.)

So, on Holiday Monday, we piled five people into the car and took the ferry to Wolfe Island. A 20-minute free boat ride? What almost-three-years-old kid and mother wouldn't love that?

Once on the island, we took seven steps and headed into lunch at the Island Grill. A small

restaurant right on the water that has a water-front patio, this place has great food and it's, dare I say, cheap. Kids' meals are sometimes the biggest rip-off at restaurants. Not here. My son got a chocolate milk for \$1.20. We just had a meal in a Toronto restaurant where a mini glass of choco was \$4. At the Island Grill, he also had a massive bun topped with tomato sauce, cheese and pepperoni for \$4.25. We also had a steak hoagie, a chicken fajita wrap, a basket of fries, a side of fries, a salad and multiple iced teas and pops for \$50, including taxes. But the biggest surprise of the day? The escargot. My husband and I have escargot every time we go out for dinner. Here, at the Island Grill, there were 12 snails in the dish - double what you usually get - in a nice pool of butter and melted cheese.

This Saturday, Off Limits is playing the Grill at 9:30 p.m. (More good news? No cover). And, hopefully, you'll get Colleen as a server. And don't forget to get fries. My dad would love 'em because they meet his fry requirement: Crisp, not burned, and soft in the middle.

My husband and I are going to return to the Island Grill this summer (child-free). We'll have the fish and too many glasses of red wine. And escargot. Then, we'll walk back on the ferry and take a cruise home to Kingston.

It's not the most glamorous vacation, but sometimes the best time is just spending time.

For more on the K-Rock Morning Krew, visit
www.krock1057.ca [Twitter.com/SarahCrosbie](https://twitter.com/SarahCrosbie) [Twitter.com/Krock1057](https://twitter.com/Krock1057)



Get 500 K-Rock Rewards points by
entering this code before midnight on Monday.

WOLFEISLAND

Details at KRock1057.ca